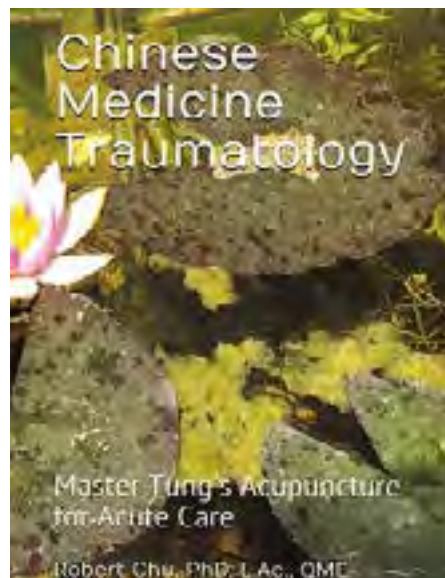




Robert Chu
Chinese Medicine Traumatology
Master Tung`s Acupuncture for Acute Care



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Robert Chu (Chu Sau Lei), PhD, L.Ac., QME is a Licensed Acupuncturist and Herbalist based in Pasadena, CA. He specializes in the Master Tung Acupuncture treating pain, women's health and a wide variety of internal diseases. Robert lectures nationally and internationally to provide continuing education to MD's and Acupuncturists. He is presently on the faculty as an adjunct professor with Emperor's College of Traditional Chinese Medicine in Los Angeles, CA in teaching Doctorate students and supervised interns at the Disney Family Cancer Center Integrative Medicine clinic for eight years.

In this book, I hope to guide my fellow colleagues into the intricacies of Chinese Medicine Traumatology and the use of Master Tung's Acupuncture in Acute Care, and share the principles and concepts that make it highly useful in the clinical setting. Chinese Martial Artists will also like my approach, as I give the background on the herbology of Dit Da (Traumatology), the composition of formulas, discuss many famous remedies and their constitution, teach to make one's own custom Rx's, and use common patents for acute care, and in addition, use classical and Master Tung's Acupuncture. This has not been done before by any Tung practitioner.

There are thousands of prescriptions for Traumatology and Orthopedics and after studying the subject for over 30 years and reading major books on the subject in Chinese, I distilled the essentials and approached the work in a practical straightforward manner to use clinically on a daily basis.

The Prescriptions and Materia Medica in this book are for acute injury using herbals. Unlike other books which approach herbology from an internal medicine point of view, many of the herbals used here are for external use, although many are for internal use as well.

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Summary view of Strategies and Basic Principles:

Week 1- 2

- Move Qi and Stagnant Blood
- Remove Stasis, Relieve swelling
- Clear Heat and Toxins
- Move Blood, Calm Shen

Week 3 – 6

- Relieve Pain, Regulate Ying
- Engender Flesh, Join Bones

Week 7 - 8

- Relax Muscles and Tendons, Move Qi Blood in Jing Luo
- Tonify Qi and Blood
- Strengthen Spleen/Stomach
- Tonify Liver/Kidney

Chronic Pain:

- Continue strategies above, plus
- Remove Phlegm
- Remove Blood Stasis
- Clear Wind/Cold/Damp
- Exercises to rehabilitate the body

Dao Chi Wan

To clear heart fire through the urination.

Ingredients:

Rehmannia glutinosa root-raw,
Akebia trifoliata stem, Lophatherum
gracile herb, Glycyrrhiza uralensis
root. - Sheng Di Huang 生地黃,
Mu Tong 木通, Dan zhu ye 淡竹
葉, Gan Cao 甘草.

Cautions & Contraindications:

Contraindicated during pregnancy

Huo Luo Xiao Ling Wan

Invigorates blood, removes blood stagnation, unblocks channels and collaterals, relieves pain. Good base Rx to be modified for specific area with proper guiding herbals.

Ingredients:

Angelica sinensis root, Salvia miltiorrhiza root,
Boswellia carterii resin, Commiphora myrrha
resin. - Dang Gui 當歸, Dan Shen 丹參, Ru
Xiang 乳香, Mo Yao 沒藥.

Cautions &**Contraindications:**

Contraindicated during pregnancy, Caution with hemorrhagic disorders, Caution with concurrent anti-coagulant treatment

Huan Shao Dan Wan

Strengthens Kidney Yang, nourishes blood and essence, preserves Yin. Good for strengthening kidneys following trauma.

Ingredients:

Ziziphus jujuba fruit, Rehmannia
glutinosa root-prep, Lycium chinense
fruit, Dioscorea hypoglauca rhizome,
Poria cocos fungus, Cistanche deserticola
herb, Foeniculum vulgare fruit, Morinda
officinalis root, Eucommia ulmoides bark,
Achyranthes bidentata root, Schisandra
chinensis fruit, Cornus officinalis fruit,

Cautions &**Contraindications:**

Contraindicated during pregnancy



**Hat Ihnen das Buch gefallen?
Did you like to book?**

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